



Breaking Through



Annual Report for Year Ended 2017

Breaking Through CLG

Newtown House

Confey

Leixlip

Co. Kildare

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Breaking Through

A Company Limited by Guarantee with Charitable Status

Legal and Administration Details

Board of Directors (November 2016 – November 2017)

- Catherine Byrne (Chair), CPD Officer, Irish Assoc of Social Care Workers
- Ciaran Kenny (Vice Chair) Outreach Aftercare Worker, Don Bosco Care
- Gerard Griffin (Treasurer) National Co-ordinator, Youthreach/ VTOS
- Neil Forsyth (PRO) Services Manager, Focus Ireland
- Sharon Byrne Corish (Board Member) Aftercare Worker, Crosscare
- Edel Weldon (Board Member) Advocacy Officer, EPIC
- Sara Kickham (Board Member) Youth Development, Wexford

Secretary

Marie Halligan

Registered Office

Newtown House
Confey
Leixlip
Co Kildare

Registered Company Number: 321538

CHY Number: 13601.

Charity Registration No: 20042844

Office phone number: 01 6060858

Email: info@breakingthrough.org

Auditors:

PT O'Farrell & Company Limited
Chartered Accountants & Statutory Auditors
Castlemaine Court
Dublin Road
Athlone Co. Westmeath

Principal Bankers:

AIB
O'Connell Street
Dublin 2

Staff Members:

Yvonne Casey, National Director
Marie Halligan, Assistant National Director

AGM 23rd of November 2017

The following appointments were made

Election to Board

Chairperson:

Gerry Griffin, National Co-Ordinator, Youthreach/VTOS

Vice Chairperson:

Ciaran Kenny, Outreach Aftercare Worker, Don Bosco Care

Treasurer:

Sharon Byrne Corish, Aftercare Worker Crosscare

Secretary:

Marie Halligan (staff & non -board member)

PRO:

Joint Appointment

Neil Forsyth, Services Manager, Focus Ireland and Yvonne Casey (staff & non board member)

Board Members:

Edel Weldon, Advocacy Officer, EPIC

Eavan Brady, Assistant Professor in Social Work, Trinity College Dublin

There are two paid members of staff, one full time and one part time along with a voluntary Board of Management and a voluntary committee. The advisory committee comprises of individuals who bring unique knowledge and skills of the aftercare sector which augments the knowledge and skills of Breaking Through Board of Management.

Directors Report



Mission Statement: To provide support to those who engage with people/groups at risk

Objectives:

- Facilitate links through local, regional and national agencies/networks
- Promote partnership and inter-agency co-operation
- Collate and disseminate models of best practice
- Provide informed support for practitioners and volunteers within an atmosphere of mutual respect
- Influence policy, practice and programme development
- Secure appropriate resources to support the networks
- Collaborate with State Agencies in providing training

Breaking Through CLG manage, coordinate and develop The Irish Aftercare Network and also manage and co ordinate area based Suicide Intervention & Prevention training on behalf of the HSE.

Funding: Breaking Through was allocated core funding from 2016-2019 under The Scheme to Support National Organisations (SSNO). Core funding was granted to the amount of €214, 440.00 over three years (July 2016 – June 2019). Core funding received in 2017 amounted to €71,480.00.



The Irish Aftercare Network

Breaking Through's main focus is to manage, coordinate & develop The Irish Aftercare Network. The Irish Aftercare Network provides a forum for Aftercare Workers to access peer support, information, training and an opportunity to network. It also gives a platform to discuss current issues of concern including how to influence policy development. It is envisaged that a greater expansion of the national remit could take place with continued core funding. The overarching aim of the network is and always will be to create better outcomes for young care leavers in Ireland.

Aftercare is a term used to describe the planning and support put in place to meet the needs of a young person who is leaving care services at age 18. Currently there are 6500 young people in care in Ireland who in the next number of years will be care leavers. Approximately 450 to 500 young people leave care annually on turning 18 years old. According to TUSLA at the end of March 2015 there were 1,720 young people between the ages of 18 and 22 inclusive in receipt of an aftercare service. The people who support these young people namely "Aftercare Workers" do so by planning and assisting them to make the transition from care to independent living.

Suicide Intervention & Prevention Training on behalf of the HSE

The HSE renewed its service level agreement for 2017 with Breaking Through CLG. Under this agreement Breaking Through plan, manage & coordinate suicide intervention and prevention training inclusive of Suicide Alertness for Everyone (safeTALK), Applied Suicide Intervention Skills Training (Asist), Tune Up (a refresher to Asist) and Understanding Self Harm training for the Community Health Organisation 7 (CHO) which encompasses Kildare, West Wicklow, Dublin West, Dublin South City & Dublin South West. This training is linked to the Connecting for life Strategy which is Irelands National Strategy to reduce Suicide (2015 – 2020)

Under this service level agreement in 2017 Breaking Through planned, managed & coordinated the following:

- 42 x safeTALKS (Suicide Alertness for Everyone)
- 14 x Asist (Applied Suicide Interventions Skills training)
- 14 x Understanding Self – Harm training
- 2 x Tune Ups (refreshers to the Asist course)

1341 people were trained in suicide intervention & prevention within the area Breaking Through coordinates. This equates to 4 people on average a day being trained in suicide intervention & prevention. These figures represent 32% of all training that took place in the province of Leinster.

Breaking Through also managed pilot studies for Understanding Self Harm training on behalf of the National Office of Suicide Prevention. The evaluations found that following training, there were significant increases in participants confidence to “distinguish between suicide and self-harm risk” and to “relate and instill help-seeking behaviour”. There were also significant increases in participants’ knowledge of self-harm following training, and a significant improvement in their attitudes to self-harm after training.

Below is a link to a simple yet effective video made by Jobstown Community, Tallaght following a safeTALK training coordinated by Breaking Through

<https://m.youtube.com/watch?feature=youtu.be&v=Zn6yVw644ys>

“I would like to thank Yvonne and Marie for their commitment to providing suicide prevention training for HSE Community Healthcare Area 7 (Dublin South, Kildare and West Wicklow). We have increased our training numbers by 60% in the past year and training has become a key part of our delivery of Connecting for Life Dublin South and Connecting for Life Kildare and West Wicklow (regional suicide prevention strategies)

I know in my role that I don’t have to worry about training because Yvonne and Marie will fill the training courses and go above and beyond their contracted role to ensure our training programme is maximised and rolled out successfully. They are also a pleasure to work with.

Breaking Through are currently developing a best practice guide on the delivery of training that will be used as a template for other areas around Ireland”

Emma Freeman, Resource Officer for Suicide Prevention, CHO Area 7 - Dublin South West/Dublin West/Dublin South City



The contributions below acknowledge and highlight the valuable work we do

- * **“Don Bosco Care** is hugely supportive of the work of the Irish Aftercare Network. The coordination of group discussion regarding policy development, all aspects of the legislative framework within aftercare in Ireland and peer support that the Irish Aftercare Network continues to provide is invaluable to those of us in Don Bosco Care working with young people in aftercare”
- * Many thanks for bringing together aftercare services countrywide, giving an opportunity to share knowledge that will help in the continual development and delivery of aftercare services to support young care leavers in their transition from care”
- * “I’m a Social Care Manager with **Daffodil Care Services**, I joined the Irish Aftercare Network committee after attending one of their National Conferences. The Irish Aftercare Network supports all practitioners working with youths, within the social care field. The Network is a hub of information, to which anyone can access and seek professional advice/guidance on anything relating to aftercare. As all are aware Tusla introduced the National Aftercare Policy for alternative care in 2017, for practitioners who are not working directly within the aftercare system, the introduction of this new policy was a little daunting, however, the network has supported practitioners in understanding the new legislation and how it has/can affect the young people we work with. The network organises regional and national conferences/workshops on up and coming issues or barriers we face as practitioners. The workshops/conferences creates and allows opportunity for networking, peer to peer support & learning, which benefits our day to day work with young people”
- * **“Focus Ireland** supports the work of The Irish Aftercare Network who support aftercare workers across Ireland to enhance the service provided to care leavers and campaign for improvements to the legislative and policy framework within which they work”
- * “I began working in the Aftercare arena two years ago **based in the Mid-West**. I have found attending your meetings in Dublin quite useful as it is good to hear what other services are operational elsewhere. It is good to network and some of the speakers have been very interesting (particularly the man who spoke about his experience of being in care and the difference the supports he got made). With changes in aftercare provision I also found it useful to hear about the day to day impact of same in the different parts of the country”
- * “The Irish Aftercare Network allows us to connect with people who are working with care leavers and to hear what challenges are faced, and how we can help within the **Care Leavers Network**. We have a clearer understanding of the needs of care leavers”
- * “From a **Smyly’s Aftercare** prospective, I would like to highlight a couple of positives directly linked to our participation in the Irish Aftercare Network, starting with the valuable contribution that was made to the review of the Aftercare National Policy. The network’s ability with the tremendous support of Breaking Through to maintain such large participation at our quarterly meetings, and the sourcing of such top-notch contributors to the meetings. Also the Irish Aftercare Network now provides a nationally recognised platform for it’s members to network and provides a voice on relevant issues that affects our care leaving community”

- * "The Irish Aftercare Network is useful as a professional support network for those **working with children in care** who are moving or in aftercare. It's great for keeping up to date with information and raises awareness of services available. It also allows Aftercare to have a stronger voice in terms of advocacy for those who use the services"
- * "**As a researcher**, I have found the network to be an invaluable source of practice knowledge and connection with practitioners. It is an excellent network for research dissemination as well as collaboration for the development of new projects designed to enhance services for young people in aftercare"
- * "**As the district community policing Garda** I find the information and networking invaluable. Any additional insight I can have into the lives of the young people living in, and coming out, of care allows me an opportunity to offer greater support and show greater empathy and insight. It is also tremendous to get to see how other agencies go about their business and to learn from good practices elsewhere"



Key Events 2017

Irish Aftercare Network joins Facebook & Twitter

Breaking Through on behalf of The Irish Aftercare Network set up a Facebook & Twitter account in January 2017 in order to increase their profile & presence on social media. It was a very active year with over 300 followers on both by the end of 2017 and high levels of engagement from members

<https://twitter.com/AftercareIrl> <https://www.facebook.com/irishaftercare/>

Membership

In January a review and recruitment drive for membership took place. Establishing an online system enabled ease of access for members, increased our national reach and also proved more efficient in establishing the geographic location of members.

Information Dissemination

Throughout the year relevant & current information was disseminated to members this included but was not limited to

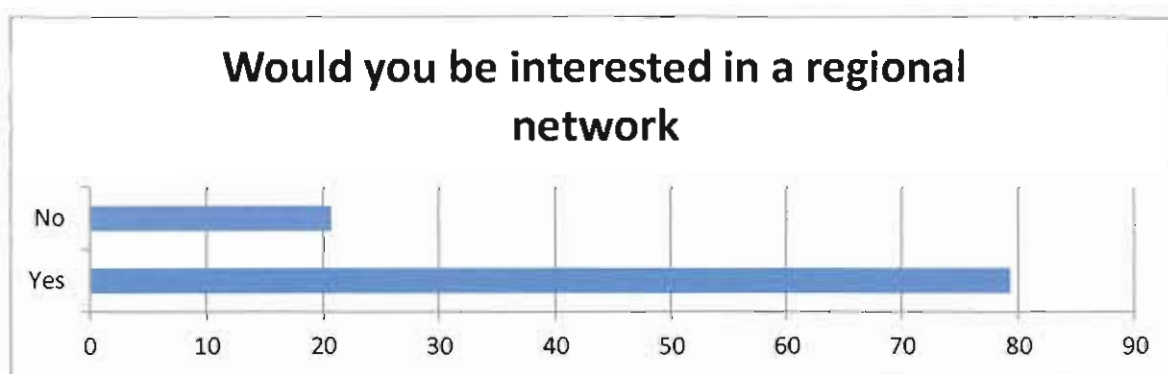
- Circulation of finalised documents of the Aftercare Amendments
- Relevant Parliamentary Q & A's
- Details of National Aftercare Policy Guidance & Legislation briefings
- Details regarding Education Fair for care leavers
- Information on availability of Aftercare grants

Aftercare Consultation meeting with Tusla – 31st Jan 2017

We attended a consultation meeting with Tusla in relation to the proposed new aftercare legislation. The Irish Aftercare Network then provided further feedback and input into the review of The National Leaving and Aftercare Policy 2011 and following up with a submission to Tusla in Feb 2017.

Successful grant application to Energy for Generations Fund

Based on the findings below from a need analysis survey with members Breaking Through applied for grant funding from ESB, Energy for Generations. This was for the development of regional networks which would enable the network to expand in 2017 increasing the national remit. Application was successful & funding of €4000.00 was secured.



The majority or 79.31% said yes with only 20.69% saying no to a regional network.

Having established a gap in services nationally we linked in with the regions and commenced the establishment of regional networks. This has highlighted the lack of standardisation in aftercare nationally and how in different regions care leavers have different needs. The regional groups have enabled us to gain a better overall picture of aftercare nationally and have been a key learning. Having sourced funding with EFG we launched our western region network in March 2017 and will continue to coordinate their regional meetings & agendas as per member's needs.

Below is a testimonial from one such member

"the branching out of the Dublin Network to the West has been a huge support to us locally over the past number of months due to the Networks excellent co-ordination, venue booking, minute taking, organising dates/guest speakers and being a support enabling ourselves and colleagues in the West to have focused time for learning, sharing experience, support and providing a group response to policy/development issues especially in times of much change"

Many Thanks, much appreciated & needed service.

Sharon, Tusla

Irish Aftercare Network Western Regional Meetings 2017

Galway 29th March and Roscommon 24th October

Agendas included:

- National Aftercare Policy Update
- Immigration Issues for Young People Leaving Care
- Speed Networking-Consultation-Conversation
- Peer To Peer Education

Irish Aftercare Network Meetings Dublin 2017

Agenda 21st February 2017 included:

- Speed Networking
- Access Services and Supports. Presentation followed by Q & A (Cathy McLoughlin, Senior Access Officer, Dublin City University)
- What about us? Hard to reach young people's perspective of their experience of the care system. Report Presentation (Ciaran Kenny, Don Bosco Care & Ian Doyle, TUSLA)
- EPIC – What We Do (Peter Lane, Advocacy Officer for DML and Fidelma Guiney, Advocacy Officer for DNE)
- Aftercare Policy Update (Neil Forsyth, Focus Ireland)

Agenda 10th October included:

- Working with Young People who engage in Sexually Harmful/Abusive Behaviour (Northside Interagency Project (NIAP) Mary Tallon, Senior Social Worker, NIAP)
- Employment Focus, Facilitating transitions to the labour market among young care-leavers (Catherine Murphy, Recruitment Support Worker, Focus Ireland)
- Adult Homeless Services (Antoinette Peel, Young Person Support Worker, Merchant Quay Homeless and Drug Services)
- 'It's more of a year of finding myself for me': A Qualitative Longitudinal Study of Leaving State Care in Ireland (Natalie Glynn, PhD Candidate, Government of Ireland Scholar) School of Social Work and Social Policy, Trinity College Dublin
- Open Discussion on current issues (Neil Forsyth, Irish Aftercare Network Committee & Focus Ireland)

Presented at Social Care Ireland Conference 23rd March 2017



Presentation: 'No Longer An Optional Extra: The Changing Face of Aftercare Provision in Ireland'

Pictured above are Board & Committee members Eden Weldon & Neil Forsyth part of the passionate team advocating for aftercare services for vulnerable young people. They were also joined by their fellow board and committee colleague Ciaran Kenny (pictured below) on the day



We also hosted an information stand at this conference with several delegates joining our network as a direct result.

Annual Conference Friday 26th May 2017, Sheraton Hotel, Athlone

The Annual conference was the biggest event on our 2017 calendar; it was also our most successful conference to date due to high profile speakers, relevant, current and engaging content

Young People-Mental Health-Addiction

Facing the Challenges

- Niall Breslin (aka) Bressie - Mental Health Advocate
- Dr Niall Muldoon - Ombudsman for Children
- Philip Mullan - Research Scholar
- Carol Moore - Dual Diagnosis Ireland & Lifewise
- John Lonergan – Former Governor Mountjoy Prison Services
- Marguerite Kiely - Pieta House



From L-R Brian Heffernan Committee Member, Bressie Guest Speaker, Yvonne Casey National Director, Ciaran Kenny Vice Chair, Dr Niall Muldoon Ombudsman for Children, Marie Halligan Assistant National Director

Evaluations were exceptionally positive. 49% of attendees gave it a score of 10 out of 10. When all 140 delegates' evaluations were collated the conference averaged 9.2 out of 10.

Delegates responded in the following manner:

The Information gained today will benefit me in my work

62.5% strongly agreed

47.5% agreed

Some of the comments received

- *Absolutely fantastic conference. Great to see Aftercare reaching the heights of the professional ladder*
- *Brilliant event*
- *Very well organised*
- *Wonderful day – very affirming*
- *Well done to everyone involved, great venue & great diversity of speakers.*
- *Refreshing, revitalising & motivating*
- *Very inspiring & motivating conference*
- *Excellent venue & well organised. I enjoyed today & got a lot from it*
- *Extremely enjoyable, good for networking. All speakers were superb*

This was the first time that we had received sponsorship for a conference which undoubtedly contributed to it being such a huge success. Much appreciation to our wonderful sponsors.

The link to the highlights video below gives an excellent sense of the day.

<https://youtu.be/GDS-c4UwpeA>



Dr Niall Muldoon, Ombudsman for Children speaking at the Annual Conference 2017

A special note of thanks & appreciation to our social media volunteer on the day, Brian Melvin

Irish Aftercare Network & Minister Zappone

The Irish Aftercare Network has made several attempts to meet with Minister Zappone to highlight issues in the area of aftercare, see timeline below

7.12.2016 – Invited Minister Zappone to open the Irish Aftercare Network Conference in 2017

13.1.2017 – The Minister declined this invitation due to prior engagements

19.7.2017 - Wrote to Minister Zappone requesting a meeting

22.9.2017 - The Minister declined a meeting due to heavy diary commitments & requested a submission outlining issues for consideration

We are currently working on this submission and will continue to seek a meeting with the Minister

Rebuilding Ireland Action Plan

Following a consultation with members a submission was sent to housing Minister Eoghan Murphy on the Rebuilding Ireland Action Plan in August 2017.

There is a pressing need to address the number of young people with care experience who are moving directly into homeless services. No young person should leave care without suitable accommodation being in place. This submission focussed on the need to prioritise care leavers.

Review of the Child Care Act 1991

Invited & attended an open policy debate on review of the Child Care Act 1991 in Dublin Castle, September 2017

HIQA

Participated in focus groups for the National Standards for Children's Residential Centres in March 2017 as well as a Public Consultation on the Draft National Standards for Children's Residential Centres. The Irish Aftercare Network forwarded a submission to HIQA regarding the standards for residential care.

Irish Aftercare Network presentation at Athlone Institute of Technology November 2017

Board & Committee member Ciaran Kenny spoke with both the 4th year and Masters Social Care students in Athlone Institute of Technology. A presentation was given on the difficulties facing young people both in care and aftercare in transitioning to independent living as well as day to day challenges many young people in state care are facing. The role of the Irish Aftercare Network together with questions relating to all aspects of employment opportunities within the social care field were also addressed on the day.

National Aftercare Policy, Guidance & Legislation Briefing November 2017

Staff and committee members attended a briefing hosted by Tusla in relation to National Aftercare Policy, Guidance & Legislation

As of 1st September 2017 due to new legislation every young person leaving care now has the right to an aftercare plan. The introduction of this new legislation aims to strengthen the legislative basis for Aftercare Services. This brought changes to policy in relation to Aftercare Services which required consultation to ensure there was a broad awareness of these changes and implementation of same was consistent across the country.

The aim of this briefing was to inform those involved in aftercare services and provide a platform for clarification due to much confusion & uncertainty around the new policy.

Governance/Management & Financial Reporting

Legal Status

Breaking Through CLG is a national organisation registered in Ireland (Registration Number 321538) which was incorporated under the Companies Act 2014 and is a company limited by guarantee not having a share capital. The objectives of the company are charitable in nature with full charitable status.

Governance

Breaking Through complies with the Governance Code for community, voluntary and charitable organisations in Ireland which was adopted in September 2014.

Risk Management Policy

Breaking Throughs Risk Management Policy forms part of our internal control and governance arrangements and explains our underlying approach to risk management.

The board is responsible for maintaining a sound system of internal control that supports the achievement of policies, aims and objectives while safeguarding funds and assets for which we are responsible.

The purpose of the risk register is to identify and monitor significant risks and consequently to enable the board to make informed and coherent decisions and timely actions in the best interests of the organisation.

Risks are categorised into four groups:

- Strategic
- Operational
- Financial
- Reputational

Appointment of Directors

At every Annual General Meeting at least one third of board members shall retire from office but shall be eligible for re-election following resignation.

Board of Directors

The Board of Directors elected and co-opted under the terms of the Articles of Association has overall responsibility for strategic development. The Board is responsible for providing leadership, setting strategy and ensuring control. It currently comprises of six volunteer board members.

Breaking Through's board of management operates to best practice corporate governance principles. Board members possess skills & expertise in areas such as social care, community development, mental health, homelessness, education, civil and human rights, financial management, media & communications, research and report writing. Skills and experiences combined are relevant and effective in meeting programme objectives and representing the target group. Through their own roles it also facilitates good collaboration and inter agency work. Breaking Through gives board members the opportunity to contribute their professional skills and experience to a cause that they are passionate about.

Board of Management, Committee Meetings & AGM - 2017 Dates

19th January - BoM & Committee meeting

2nd May - BoM & Committee meeting

26th September - BoM & Committee meeting

23rd November – AGM 2017 & Board re-election

Chairperson Catherine Byrne sent her apologies and advised she was stepping down from the Board

The following appointments were made

Appointment of Officers to the Board

Chairperson- Gerry Griffin

Vice-Chair- Ciaran Kenny

Treasurer- Sharon Byrne Corish

PRO-Joint Appointment –Neil Forsyth & Yvonne Casey (non-board member)

Company Secretary-Marie Halligan (non board member)

Board members

Edel Weldon

Eavan Brady

Aftercare sub committee/advisory board

- **Ciaran Kenny:** Don Bosco Care, Outreach Aftercare Worker
- **Edel Weldon:** EPIC, Advocacy Officer
- **Sharon Byrne:** Crosscare, Aftercare Worker
- **Neil Forsyth:** Focus Ireland, Services Manager
- **Brian Heffernan:** Tusla, Social Care Worker
- **Louise Keane:** Don Bosco Care, Aftercare Service
- **Tanya Blyth:** Peter McVerry Trust, Deputy Director of Services (under 18's services, aftercare services and family services)
- **Belinda Reid:** Tusla, Aftercare Worker/ Social Care Leader
- **Charlotte Armstrong:** Daffodil Care Services, Social Care Manager
- **Christine Moore:** Foster Parent & Irish Foster Care Association
- **Eavan Brady:** Assistant Professor in Social Work, Trinity College Dublin
- **Sharon Morrison:** Tusla Leaving & Aftercare Service, Social Care Manager
- **Laura Dunleavy:** Peter McVerry Trust, Manager within Aftercare & Family Hub Services

Staffing

Breaking Through resources and delivers its aims and objectives with a very small but committed team of two paid members of staff. A full time National Director and a part time Assistant National Director.

Volunteers

All board and committee members are voluntary.

Breaking Through was very fortunate to have a volunteer with excellent I.T skills who helped with the updating of the websites. We are hugely grateful to Brain Melvin for all the hours he has volunteered.

Treasurer's Report

2017 was a successful, busy, productive year for Breaking Through at all levels.

I would like to thank the following funders; the Department Environment, Community & Local Government, for funds to enable us to complete our work plan for 2017. This allowed us to expand & develop our work in the management and coordination of the Irish Aftercare Network. I believe this network has a major impact on supporting those working directly and indirectly with care leavers in Ireland.

This funding was put in place for three years from July 2016 to June 2019. It is a vital component in our work that we have security of funds to plan and implement our work strategy for a definite period of time, in this case a three year funding stream.

I would also like to thank HSE for renewing the Service Level Agreement for training in Dublin West, Dublin South City, Dublin South West together with Kildare/West Wicklow, comprising all of CHO Area 7 (Community Healthcare Organisation) and placing their confidence in Breaking Through to coordinate the training element of the governments Connecting for Life Strategy. We look forward to liaising with National Office of Suicide Prevention in relation to Breaking Through's model of best practice.

Thanks also to ESB, Energy for Generations funding of €4000.00 for the development of regional networks.

The table below shows the organisations income for 2017

Date		Amount
Jan-Dec 2017	Restricted Core Funds Dept Housing, Planning, Community & Local Government - <i>Scheme to Support National Organisations (SSNO)</i>	71,480.00
Jan-Dec 2017	Restricted Funds Service Level Agreement HSE	50,003.00
	Grants	
March 2017	Energy for Generations ESB	4,000.00
	Income	
May 2017	Irish Aftercare Conference 2017 Ticket Sales	4,130.00
	Daffodil Care Conference Sponsorship	2,000.00
	Crosscare Conference Sponsorship	1,500.00
Jan-Dec 2017	Irish Aftercare Dublin Network Meetings	680.00
2017	Total Income received	€ 133,793.00

Much appreciation to our conference sponsors. 2017 was our most successful conference to date.

Many thanks to my fellow board and committee members for their co-operation and support and to staff members Yvonne and Marie for their continued dedication to the organisation. Yvonne and Marie have been the drivers of Breaking Through for many years and have worked tirelessly behind the scenes to ensure the strategic and development programme is implemented to the highest standard.

The following pages show detailed audited accounts completed by O'Farrell & Co. Chartered Accountants and Statutory Auditors

Gerard Griffin
Treasurer

Breaking Through



Breaking Through



Directors Report & Financial Statements for Year Ended 2017

Breaking Through CLG

Newtown House

Confey

Leixlip

Co. Kildare

Breaking Through Company Limited by Guarantee

Directors' Report and Financial Statements

for the year ended 31 December 2017

Breaking Through Company Limited by Guarantee

O'Farrell & Co.
CHARTERED ACCOUNTANTS
& STATUTORY AUDITORS

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Breaking Through Company Limited by Guarantee

Directors' report for the year ended 31 December 2017

The directors present their report and the financial statements for the year ended 31 December 2017.

Principal activity and business review

The main object for which the body is established, is to co-ordinate and develop the Irish After-Care Network and to promote effective interventions with young people at risk by facilitating links through local, regional and national agencies/ networks and by promoting partnership and inter- agency co-operation.

The company also coordinates suicide intervention skills training in CHO Area 7 (Community Health Organisation)

The company operates from its registered office at Newtown House, Confey, Leixlip, Co. Kildare. The company is a company limited by guarantee, having no share capital and its CRO number is 321538.

Government, under the Scheme to Support National Organisations.

The company received funding from Dept Housing, Planning, Community & Local Government, under the Scheme to Support National Organisations (SSNO) . Funding was also received from Health Service Executive.

Additional funding was received from the following sources: Daffodil Care Sponsorship, ESB Energy for Generations funding, Conference ticket sales and Sponsorship-Crosscare.

Results

The results for the year are set out on page 7.

The surplus was added to reserves at the end of the year.

Future Developments

The Directors are not expecting to make any significant changes in the nature of the business in the near future.

Events after the Balance Sheet date

There have been no significant events affecting the company since the year end.

Principal risks and uncertainties

As the company has secured funding from Pobal for its new project - 'To coordinate, develop and manage The Irish Aftercare Network', the directors are confident that the future of the company is secure for at least to June 2019. The company has also applied for funding from HSE and is confident of receiving same.

The Directors have also identified that key risks and uncertainties relate to the potential increase in compliance requirements in accordance with company, health and safety and other legislation.

The company mitigates these risks as follows:

The company continually monitors the level of activity, prepares and monitors budgets, targets and projections. The company currently does not have a policy of maintaining cash reserves.

The company closely monitors emerging changes to regulations and legislation on an on-going basis.

Breaking Through Company Limited by Guarantee

**Directors' report
for the year ended 31 December 2017**

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the company.

The directors who served during the year are as stated below:

Catherine Byrne
Ciaran Kenny
Gerard Griffin
Neil Forsyth
Sharon Byrne
Sara Kickham
Edel Weldon

Accounting records

The measures taken by the directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise and the provision of adequate resources to the financial function. The accounting records of the company are located at Newtown House, Confey, Leixlip, Co. Kildare.

Statement of Relevant Audit Information

In accordance with Section 330 of the Companies Act 2014, so far as each person who was a director at the date of approving this report is aware, there is no relevant audit information, being information needed by the auditor in connection with preparing its report, of which the auditor is unaware. Having made enquiries of fellow directors each director have taken all the steps he/she is obliged to take as a director in order to make himself/herself aware of any relevant audit information and to establish that the auditor is aware of the information.

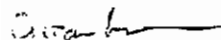
Auditors

In accordance with Section 383 (2) of the Companies Act 2014, Philip O'Farrell, for and on behalf of, PT O'Farrell & Company Limited, Chartered Accountants & Statutory Auditors will continue in office.

This report was approved by the Board on signed on its behalf by

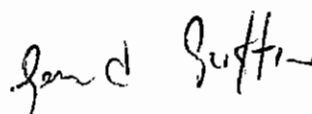
Director

Ciaran Kenny



Director

Gerard Griffin



Breaking Through Company Limited by Guarantee

Statement of Directors' responsibilities for the members' financial statements

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law, the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, which is issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland ("relevant financial reporting framework"). Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

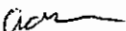
In preparing these financial statements, the directors are required to:

- " select suitable accounting policies and then apply them consistently;
- " make judgments and accounting estimates that are reasonable and prudent;
- " state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- " prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and directors' report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board
Ciaran Kenny

Gerard Griffin 

Director


Director

Breaking Through Company Limited by Guarantee

Independent auditors' report to the members of Breaking Through Company Limited by Guarantee

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Breaking Through Company Limited by Guarantee ('the Company') for the year ended 31 December 2017, which comprise the Profit and Loss Account, the Balance Sheet and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

In our opinion the financial statements:

In our opinion the financial statements:

- " give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2017 and of its profit for the year then ended;
- " have been properly prepared in accordance with FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland, (applying Section 1A of that Standard) and
- " have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are [further] described [below][in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report.] We are independent of the Company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where:

- " the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate: or
- " the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Breaking Through Company Limited by Guarantee

Other information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

" in our opinion, the information given in the directors' report is consistent with the financial statements; and

" in our opinion, the directors' report has been prepared in accordance with the Companies Act 2014

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited, and financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the directors' responsibilities statement set on page 3, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

Breaking Through Company Limited by Guarantee

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at:

http://www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description_of_auditors_responsibilities_for_audit.pdf. This description forms part of our auditor's report

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the Company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Philip O'Farrell

for and on behalf of
PT O'Farrell & Company Limited,
Chartered Accountants & Statutory Auditors
Castlemaine Court,
Dublin Road,
Athlone,
Co. Westmeath.

Date: 26-5-2018

Breaking Through Company Limited by Guarantee

**Income & Expenditure statement
 for the year ended 31 December 2017**

	Notes	Continuing operations	
		2017	2016
		€	€
Income	2	119,973	92,958
Administrative expenses		(118,233)	(98,788)
Surplus (Deficit) on ordinary activities before taxation		1,740	(5,830)
Tax on profit/(loss) on ordinary activities 8		-	-
Surplus (Deficit) on ordinary activities after taxation		1,740	(5,830)
Surplus (Deficit) for the year		1,740	(5,830)

The notes on pages 9 to 17 form an integral part of these financial statements.

Breaking Through Company Limited by Guarantee

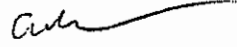
Balance sheet
 as at 31 December 2017

	Notes	2017		2016	
		€	€	€	€
Current assets					
Debtors	67	3,250		3,000	
Cash at bank and in hand		43,661		26,213	
		<u>46,911</u>		<u>29,213</u>	
Creditors: amounts falling due within one year	9	<u>(30,794)</u>		<u>(14,836)</u>	
Net current assets			16,117		14,377
Net assets			<u>16,117</u>		<u>14,377</u>
Capital and Reserves					
Reserves			16,117		14,377
Accumulated Reserves	14		<u>16,117</u>		<u>14,377</u>

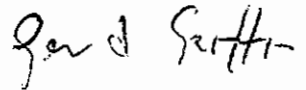
These financial statements have been prepared in accordance with the Small Companies Regime

Approved by the board of directors and signed on its behalf by

Director
 Ciaran Kenny



Director
 Gerard Griffin



The notes on pages 9 to 17 form an integral part of these financial statements.

**Notes to the financial statements
for the year ended 31 December 2017**

1.1. 1. General Information

The principal activity of the company was the coordination and development of the Irish Aftercare Network whose main object is to improve the lives of young people leaving care. This is achieved by supporting aftercare workers through peer support, training, education and influencing policy allied with research into good practice and all other matters affecting the lives of young people leaving care.

The financial statements comprising the Profit and Loss Account, the Balance Sheet and the related notes constitute the individual financial statements of Breaking Through Company Limited by Guarantee for the financial year ended 31 December 2017.

Breaking Through Company Limited by Guarantee is a company limited by guarantee having no share capital. The company is in the process of registering under Part 2 of Companies Act 2014 with the Companies Office and Charities Regulator, having submitted Amended Constitution and Articles of Association to Revenue for approval.

The company is incorporated and registered in the Republic of Ireland (CRO number 321538). The Registered Office is Newtown House, Confey, Leixlip, Co. Kildare, which is also the principal place of business of the company.

Currency

The financial statements have been presented in the Euro currency (€) without rounding.

Statement of Compliance

The financial statements have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102), applying section 1A of that Standard.

Notes to the financial statements
for the year ended 31 December 2017

..... continued

1. **2. Summary of Significant Accounting Policies**

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention modified to include certain items at fair value. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 (the Act) and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland, issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland. The company qualifies as a small company for the period, as defined by section 280A of the Act, in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Act and Section 1A of FRS 102.

The presentation of an Income & Expenditure Account represents a departure from the provisions of the Third Schedule of the Companies Act, 2014 regarding the format of the Profit & Loss Account and this represents the operation of the "true and fair override" provisions of the Companies Act, 2014. The directors believe that presentation used better achieves the true and fair presentation required by company law.

Notes to the financial statements
for the year ended 31 December 2017

..... continued

1.1. Funding

Unrestricted Funds

The company is funded by Government agencies. These funds are expendable at the discretion of the directors in furtherance of the objects of the company.

Restricted funds

Restricted funds are funds received which can only be used for particular purposes specified by the donors and binding on the directors. Such purposes are within the overall aims of the company.

Fundraising income

Fundraising income is credited to the Income and Expenditure Account in the year in which it is received by the company.

Voluntary income is recognised when the income is received.

Income Recognition

Income is reflected in the income and expenditure account when the effect of the transaction or other event results in an increase in the company's assets.

When the company provides services in accordance with agreements, the income is recognised when the service is provided. Funds already received in relation to future years but not yet expended are shown in creditors as deferred income. All statutory grants are treated as restricted grants.

1.2. Tangible fixed assets and depreciation

(i) Cost

Tangible fixed assets are recorded at historical cost or deemed cost, less accumulated depreciation and impairment losses. Costs include prime cost, overheads and interest incurred in financing the construction of tangible fixed assets. Capitalisation of interest ceases when the asset is brought into use. Equipment and Fixture & Fittings are stated at cost less accumulated depreciation and accumulated impairment losses.

Equipment is fully depreciated

1.3. Government grants

Government grants are recognised at their fair value in profit or loss where there is a reasonable assurance that the grant will be received and the Company has complied with all attached conditions.

Grants towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

Notes to the financial statements
for the year ended 31 December 2017

..... continued

1.4. Judgements

The directors consider the accounting assumptions below to be its critical accounting judgements:

Going Concern

The directors consider it appropriate to prepare the financial statements on a going concern basis.

2. Income

Grants and Grants -in-Aid

Grant 1

Agency
Sponsoring Government Department

Pobal
Dept Housing, Planning, Community &
Local Government, under the Scheme to
Support National Organisations (SSNO)

Grant Programme

To coordinate, develop and manage The Irish
After Care Network

	2017	2016
	€	€
<u>Total Grant</u>		
- Grant taken to Income in the period	-	-
- Deferred grant forward released to profit	1,932	
- The Cash received in the period	71,480	64,754
- Overpaid	(2,306)	
- Any grant Deferred or due at period end	(5,190)	1,932
Expenditure	65,916	62,822

Term

July 2016 to June 2019

Capital Grant element

Nil

Restriction on use

Support for staff wages and overhead costs

Tax Clearance

Yes

Notes to the financial statements
for the year ended 31 December 2017

..... continued

Grant 2

Agency HSE
Sponsoring Government Department Health Executive Service (HSE)
Grant Programme Coordinate and manage suicide intervention skills training in CHO Area 7, Kildare/ West Wicklow/ Dublin West/ Dublin South City/ Dublin South West.

	2017 €	2016 €
Total Grant		
- Any grant Deferred or due at start of year	11,531	5,686
- Grant taken to Income in the period	44,692	29,155
- The Cash received in the period	50,004	35,000
- Any grant Deferred or due at period end	16,843	11,531
 Expenditure	 44,692	 29,155

Term Yearly

Capital Grant element Nil

Restriction on use Organise and plan training.
Administration of payment to external Facilitators/Trainers and training overheads, venues etc.
Apportionment of Staff wages and overhead costs.

Tax Clearance Yes

3. Operating profit/(loss)	2017	2016
	€	€
Operating profit/(loss) is stated after charging:		
Depreciation and other amounts written off tangible assets	-	180
	<u> </u>	<u> </u>

Notes to the financial statements
 for the year ended 31 December 2017

..... continued

4. **Status of the company**

The company is limited by guarantee of its members and has no share capital. The members have each undertaken to contribute to the assets of the company in the event of it being wound up whilst they are members, or within one year after they cease to be members, for the payment of such debts and liabilities contracted before they cease to be members and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amounts as may be required but not exceeding €1.

5. **Employees**

Number of employees

The average monthly numbers of employees during the year were:

Administration	2	2
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Employment costs

	2017	2016
	€	€
Wages and salaries	67,848	63,427
Social welfare costs	5,295	4,292
	<u>73,143</u>	<u>67,719</u>

No Employees were paid in excess of €60,000

No salaries paid to Directors

6. **Debtors**

	2017	2016
	€	€
Prepayments and accrued income	<u>3,250</u>	<u>3,000</u>

Notes to the financial statements
for the year ended 31 December 2017

..... continued

7. Cash at Bank

	2017	2016
	€	€
Restricted Funds	26,938	13,463
Unrestricted Funds	16,550	12,521
Petty Cash	173	229
	<u>43,661</u>	<u>26,213</u>

8. Taxation

Breaking Through CLG., Charities Regulatory Registered Charity No: 20042844

Notes to the financial statements
 for the year ended 31 December 2017

..... continued

9. Creditors: amounts falling due within one year	2017	2016
	€	€
Accrued expenses	3,856	12,904
Deferred income	26,938	13,463
	<u>30,794</u>	<u>26,367</u>

Deferred Income analysis

	2017	2016
	€	€
<u>HSE funding programs</u>		
Balance at start of year	11,531	5,686
Received as income in the year	50,003	35,000
Recognised as income in the year	(44,692)	(29,155)
Balance at end of year	<u>16,843</u>	<u>11,531</u>

Dept Housing, Planning, Community & Local Government, under the Scheme to Support National Organisations (SSNO)

Pobal-Government Funding Program.

	€	€
Balance at start of year	1,932	-
Received as income in the year	71,481	64,754
Refund due	-2,307	
Recognised as income in the year	(65,916)	(62,822)
Balance at end of year	<u>5,190</u>	<u>1,932</u>
	€	€

Energy for Generations ESB fund

Balance at start of year	-	-
Received as income in the year	4,000	0
Recognised as income in the year	1,095	-
Balance at end of year	<u>2,905</u>	<u>-</u>

Daffodil Care

Balance at start of year	-	-
Received as income in the year	4,000	0
Recognised as income in the year	2,000	-
Balance at end of year	<u>2,000</u>	<u>-</u>

Notes to the financial statements
 for the year ended 31 December 2017

..... continued

Total	<u>26,938</u>	<u>11,531</u>
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10. Capital commitments

There were no capital commitments at the year end.

11. Contingent liabilities

There were no contingent liabilities at the year end.

12. Related party transactions

There were no related party transactions during the year.

13. Post balance sheet events


There have been no significant events affecting the company since the year end.

14. Reconciliation of movements in members' funds

	2017	2016
	€	€
Profit/(loss) for the year	1,740	(5,830)
Opening Accumulated funds	<u>14,377</u>	<u>20,207</u>
Closing Accumulating funds	<u>16,117</u>	<u>14,377</u>

16. Approval of financial statements

The financial statements were approved by the Board on 26 May 2018 and signed on its behalf by

Director
 Ciaran Kenny


Director
 Gerard Griffin
